

BUILDING A STRONG SPIRIT
#SermonSpirit
Built Strong Part 1
Dr. Mark Jackson, August 5, 2018

Ephesians 3:16 I'm asking God to give you a gift from the wealth of his glory. I pray that he would give you inner strength and power through his Spirit. (GW)

3 Attitudes That Weaken My Spirit (Samson)

1. SELF-INDULGENCE - (Judges 14:1-20)

Galatians 6:7-8 Don't be misled; remember that you can't ignore God and get away with it: a man will always reap just the kind of crop he sows! ⁸ If he sows to please his own wrong desires, he will be planting seeds of evil and he will surely reap a harvest of spiritual decay and death... (LB)

- To be strong I must DISCIPLINE MY DESIRES

1 Peter 4:1-2 ...strengthen yourselves with the same way of thinking that he [Christ] had... ² ...live the rest of your earthly lives controlled by God's will and not by human desires. (TEV)

2. RESENTMENT - (Judges 15:1-17)

Job 5:2 To worry yourself to death with resentment would be a foolish, senseless thing to do. (TEV)

- To be strong, I must CONTROL MY REACTIONS

Proverbs 29:11 A foolish person loses his temper. But a wise person controls his anger. (ICB)

3. CARELESSNESS - (Judges 16:1-20)

Proverbs 19:16 ...careless living kills. (MSG)

- To be strong, I must DEVELOP GOOD HABITS

James 1:21 So get rid of every filthy habit and all wicked conduct. Submit to God and accept the word that he plants in your hearts, which is able to save you. (TEV)

3 Habits That Strengthen My Spirit

1. GET TIME WITH GOD EVERY DAY

Psalm 25:4 Show me the path where I should go, O Lord; point out the right road for me to walk. (LB)

Luke 5:16 Jesus often withdrew to lonely places and prayed. (NIV)

John 15:7 If you remain in me and my words remain in you, then you may ask for anything you wish, and you shall have it! (TEV)

2. GET TOGETHER WITH BELIEVERS EVERY WEEK

Hebrews 10:25 Let us not give up the habit of meeting together... instead, let us encourage each other... (TEV)

Acts 2:46 They worshiped together regularly at the Temple each day and met in small groups in homes for Communion... (LB)

Ecclesiastes 4:9-10 Two are better off than one, because together they can work more effectively.¹⁰ If one of them falls down, the other can help him up... (TEV)

3. GIVE A TITHE TO GOD EVERY SUNDAY

Deuteronomy 14:23c The purpose of tithing is to teach you always to put God first in your lives. (LB)

1 Corinthians 16:2 Every Sunday, each of you make a generous offering by taking a portion of whatever God has blessed you with... (TPT)

Malachi 3:10 Bring your full tithe to the Temple treasury so there will be ample provisions in my Temple. Test me in this and see if I don't open up heaven itself to you and pour out blessings beyond your wildest dreams. (MSG)

Ephesians 6:10 Build up your strength in union with the Lord and by means of his mighty power. (TEV)

2 Corinthians 5:17 When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun! (LB)