

**Freedom From Temptation**  
**#SermonTemptation**  
**The Power of Freedom Part 5**  
**Dr. Mark Jackson - July 29, 2018**

**James 1:12**, **Blessed** is the man who **endures temptation**; for when he has been approved, he will receive **the crown of life** which the Lord has promised to those who love Him. (NKJV)

**Six Ways To Escape Temptation**

**1. MAINTAIN GOD'S STANDARDS**

**Psalm 119:11** I have hidden **your word in my heart** that I **might not sin against you**. (NIV)

**Galatians 5:16** **Let the Holy Spirit guide** your lives. Then you **won't be doing what your sinful nature craves**. (NLT)

**Matthew 26:41a** **Stay awake** and **pray for strength** against temptation... (ICB)

**2. MANAGE YOUR MIND**

**James 1:14** **Temptation is the pull of man's own evil thoughts** and wishes. (LB)

**Colossians 3:2** **Think only about the things in heaven**, not the things on earth. (NCV)

**2 Corinthians 10:4-5** We fight with weapons that are different from those the world uses. Our weapons have power from God that can destroy the enemy's strong places... We **capture every thought** and **make it give up and obey Christ**. (NCV)

**3. MONITOR YOUR MEDIA INTAKE**

**Matthew 6:22-23** The **eye** is the lamp of the body. If your **eyes** are good, your whole body will be full of light. <sup>23</sup> But if your **eyes** are bad, your whole body will be full of darkness... (NIV)

**Psalm 101:3a** I will set before my eyes **no vile thing**. (NIV)

**4. MINIMIZE THE OPPORTUNITIES**

**2 Timothy 2:22** **Run from** anything that stimulates youthful lusts. Instead, **pursue**

righteous living, faithfulness, love, and peace. Enjoy the companionship with those who call on the Lord with pure hearts. (NLT)

### Three Ways To Run

- I need to run **AWAY**
- I need to run **TOWARDS**
- I need to run **WITH**

**Proverbs 1:10** ...if bad companions tempt you, don't go along with them. (MSG)

### 5. **MAGNIFY THE CONSEQUENCES**

**1 Timothy 6:9** Those who want to become rich bring temptation to themselves. They are caught in a trap. They begin to want many foolish things that will hurt them, things that ruin and destroy people. (ICB)

**Galatians 6:7** Do not be deceived; God is not mocked, for you reap whatever you sow. (NRSV)

### 6. **MAKE CHRIST MY MASTER**

**Romans 6:16b** ...The person you obey is your master. You can follow sin, or obey God. Sin brings spiritual death. But obeying God makes you right with him. (ICB)

**Romans 13:14** But ask the Lord Jesus Christ to help you live as you should, and don't make plans to enjoy evil. (LB)

**Ephesians 6:16** Let your faith be like a shield, and you will be able to stop all the flaming arrows of the evil one. (CEV)

**1 Corinthians 10:13** The only temptations that you have are the temptations that all people have. But you can trust God. He will not let you be tempted more than you can stand. But when you are tempted, God will also give you a way to escape that temptation. Then you will be able to stand it. (ICB)